



# NOVEMBER 10, 2018 Toronto, ON AMI (CANADA) WORKSHOP



**Dr. Suneeta Monga MD, FRCPC**

Dr. Suneeta Monga is Medical Director, Ambulatory

Psychiatry Services at SickKids Hospital and Associate Professor of Psychiatry at the University of Toronto. Dr. Monga's research, educational and clinical activities are in the area of childhood anxiety disorders and cognitive behavior therapy (CBT), with a special focus on the assessment and treatment of anxiety disorders. Dr. Monga is the original creator of the Taming Sneaky Fears program, a group CBT treatment program for four- to seven-year-old children with anxiety disorders and their parents and she has been actively involved in the evaluation and refinement of this treatment program as well as the development of innovative assessment and treatment evaluation tools for selective mutism and social anxiety disorder in young children. Dr. Monga has published in peer-reviewed, scientific publications and has made numerous presentations on related topics across North America and abroad.

## UNDERSTANDING & MANAGING BIG FEARS IN CHILDREN

**A**nxiety is one of the most common conditions seen in children of all ages although oftentimes it is missed or not recognized. This workshop designed specifically for teachers and educators will focus on how anxiety exhibits itself in children of different ages and will provide strategies that should enable teachers and educators to feel more comfortable in recognizing and supporting anxious children in the classroom setting.

**Open to all Montessori teachers, assistants and administrators. Most pertinent for those working with children aged 3—12 years (Casa and Elementary levels). Other levels welcome.**

**AGENDA SATURDAY, NOVEMBER 10**  
8:30–9:00 am Registration  
9:00–2:30 pm Workshop  
12:00–1:00 pm Lunch Break

**FEE** \$125 Current AMI Members  
\$150 Non-Members  
**No Refunds.**

**WORKSHOP WILL PROCEED WITH A MINIMUM OF 25 PARTICIPANTS.**

**CONTACT** AMI (Canada)  
info@ami-canada.com  
1.855.264.4433  
**LOCATION** HUMBERSIDE  
MONTESSORI SCHOOL  
121 Kennedy Avenue  
Toronto, ON M6S 2X8

**Workshop Registration Deadline: Friday, November 2, 2018.**

2018 NOVEMBER 10 WORKSHOP REGISTRATION

Name MR. MRS. MS. MISS \_\_\_\_\_  
FIRST NAME LAST NAME

Name on Diploma (if different from above) \_\_\_\_\_  
FIRST NAME LAST NAME

Mailing address \_\_\_\_\_  
CITY PROVINCE POSTAL CODE

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

Diploma no. \_\_\_\_\_ Grad Year \_\_\_\_\_ Level \_\_\_\_\_ Training Centre \_\_\_\_\_

School Name Attending \_\_\_\_\_

Please indicate dietary restrictions \_\_\_\_\_

**Fee:** \$125 Current AMI Members  
\$150 Non-Members

**Registration Deadline: Envelopes must be post marked Friday, November 2, 2018.**

**No Refunds.** Registration fee includes coffee break. Bring your own lunch or explore Bloor Street West.

**WORKSHOP WILL PROCEED WITH A MINIMUM OF 25 PARTICIPANTS.**

**Please email your registration form to: info@ami-canada.com AND pay by e-transfer or by Pay Pal: http://ami-canada.com/pd-canada.html**

\* Please indicate the title and location of the workshop, and how many people you are registering in the notes of your PayPal payment (ex. "Understanding Big Fears ..." in Toronto ... 2 people")

**OR Please mail registration and payment by cheque in Canadian funds or Canadian Money Order made out to AMI (Canada) to:**

**AMI (Canada), c/o HumberSide Montessori School, 121 Kennedy Ave. Toronto, ON M6S 2X8**